



Kevilynn Gatson

LPC-MHSP, AS

Motivational Speaker &
Transformation Coach

Kevilynn, the owner of Reflections Counseling Group, is an Arkansas native raised as a military kid. She completed her undergraduate studies at the University of Arkansas. She earned her Master's degree in Mental Health Counseling from Capella University in 2011. In 2014, she attained her LPC-MHSP license for the State of Tennessee.

Kevilynn is passionate and purposed to serve those feeling stuck, rejected, and counted out to begin to move past those mental blocks. She has over 13 years of professional expertise serving a wide range of clinical issues, including depression, anxiety, PTSD, and other life issues.

Kevilynn has been featured on the Rickey Smiley Morning Show and participated in speaking engagements for children to adults, including The Nashville Rescue Mission, ISO's BEEM Career Fair, Life-Giving Community Outreach, Leadership Academy of Rutherford County, and a host of elementary, middle, and high schools in the greater Nashville area.

SIGNATURE WORKSHOPS & PROGRAMS

Relentlessly Evolving Coaching Program

Shift your mindset from the need to change to allow yourself to naturally evolve into the person you were born to be.

Pursuit of Purpose & Passion Workshop

Designed for those on the journey of discovering their purpose and passion. Participants explore the differences between their purpose and passion and find ways to cultivate and connect the two.

Sister to Sister: Real Talk Group

This is a judgment-free zone for women ready to take a good look in the mirror and begin accepting and loving what and who they see.

Life After: Trauma, Trial, and Triumph Workshop

Address the trauma you have experienced, and that may be lying dormant. Explore the trials, both personal and public. Then, embrace the triumph of overcoming that which held you captive.



Please feel free to reach out for any questions.

CLIENT FEEDBACK

Coach K is a rare breed. Yet, she is a master at helping people identify the root of their issues and create a plan of action to overcome them.

I love that Coach K meets you wherever you are, with acceptance and in a non-judgmental space so that you can share your fears, doubts, dreams, and joys with her. She truly has a gift for making what can be difficult and uncomfortable into an experience of self-discovery, acceptance, healing, and happiness.

- Coach Jae Nicole
Certified Life & Brand Coach

Get in Touch!

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